

# The GIVANTON



FRIDAY, JULY 7, 2023 | 5783 בתמוז י"ח



Peace is something that we all strive for, no matter who we are or where we come from. It's a feeling of calm, contentment, and harmony that can be found within ourselves, in our relationships with others, and in the world around us. Shalom, the Hebrew word for peace, goes even deeper than this, encompassing a sense of wholeness, completeness, and well-being. As we focus on this theme this week, let's take a moment to reflect on what peace means to us and how we can cultivate it in our lives. By prioritizing peace, we can create a more positive and fulfilling experience for ourselves and to those around us.

Shabbat shalom!

## WHAT'S UP?

JULY 11 - JULY 13

### MACCABIAH

(COLOR WAR)

INCLUDES SINGING CHEERING,  
SPORTS, GAMES AND SO MUCH FUN!  
STAY TUNED FOR MORE DETAILS.

FRIDAY, JULY 14TH

### 2-3 ONEG

PARENTS OF 2-3 AND ANY OTHER  
COMMUNITY MEMBERS ARE INVITED TO  
JOIN OUR ONEG. COME AND WATCH  
YOUR CHILD DANCE AND SING AS THEY  
LEAD US IN ONEG SHABBAT.

FRIDAY, JULY 14

### GIVAH'S SHABBAT DINNER

6:00PM @ TEMPLE ISRAEL

ALL ARE WELCOME TO AN ESPECIALLY  
FAMILY-FRIENDLY SHABBAT  
EXPERIENCE INCLUDING DINNER AND  
WORSHIP. WE WILL WELCOME OUR  
GIVAH COMMUNITY AND CAMPERS WILL  
HELP LEAD KABBALAT SHABBAT!

**SEE ATTACHED FLYER  
FOR MORE DETAILS**

Camp Givah is permitted and inspected twice  
annually by Albany County Department of  
Health. Copies of these inspections are  
maintained at Albany County Dept. of Health  
175 Green Street Albany, NY 12201.



Jewish Federation  
OF NORTHEASTERN NEW YORK



# GROUP ARTICLES

## GAN (3-5 YEAR OLDS)

Short week in Gan. But we LOVED our pool party and watching our K-1 friends jump out of their canoe. We also really enjoyed making Kadurey Chocolate with the Shinsinim!!

-Sarah Matzner & Sarah Trippany



## TSEIRIM (GRADE K-1)

K/1 had a wonderful week! We made American flags in omanut to celebrate July 4th, made some delicious dishes with Rivi, had fun in the lake, and prepared for this Friday! We were so excited to host oneg this week (thank you to our parents for making it special!), and can't wait to see what next week will bring!

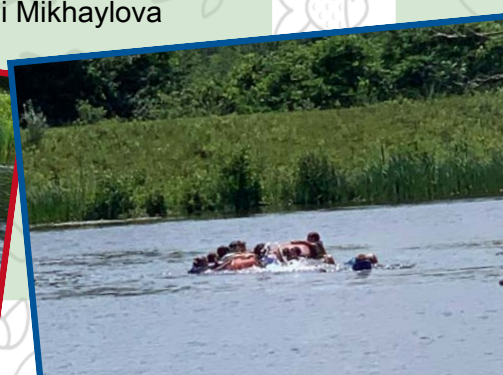
Sasha Roter & Peter Sandomire



## NITZANIM (GRADE 2-3)

We had a fantastic week in 2/3 celebrating the Fourth of July and staying cool in the hot days. We've enjoyed our time picking the fresh raspberries and getting a chance to swim in the lake during our capsizing drill. We are so excited to have another amazing week for week 3!

Hannah Greenblatt,  
Jacob Mosden & Dani Mikhaylova



## NA'ARIM (GRADE 4-5)

4-5 had a great week! We made flags, painted fans, and looked at fossils in the creek. We learned Hebrew songs, danced, and went boating in the lake. And we're looking forward to having another great week!

Lauren Roter, Matthew Bloom & Rey Flint





# SPECIALTIES

## BREICHA (POOL)

This week, the weather was beautiful. Everyone had so much fun under the sun. Campers had the chance to jump in the lake, it was so great to swim in this refreshing water. Overall it was a great sunny week.

- Caitlin Overholt, Ofer Bahir, Levi Kovach, Elior Schwartz



## BRIUT (HEALTH)

The second week at camp has been fantastic! We've been spending a lot of time outside and enjoying the beautiful weather. Please make sure kids have labeled reusable water bottles with them because they will be carrying them around all day to ensure they are drinking enough water

- Caitlin Overholt



## SPORT

We had a great week in sports. We played soccer, Frisbee, disc golf, kickball, and sharks and minnows. The campers played hard and had a great time.

-True Haynes



## RIKUD (DANCE)

This week we worked on learning short dances to practice picking up choreography. This week is K-1's Oneg and they will be performing a dance to Tudo Bom by Static and Ben El. We hope to see you there and can't wait to show off all we have learned this week.

- Maya Kamenir





# SPECIALTIES

## LIMUD (STUDIES)

This week in Limud we learned about the Torah portion Pinchas, discussed the value of learning from mistakes, and played some fun games. 1-2 did a great job preparing for their Oneg!

- Aaron Davis



## SHIRA (SONG)

This week in Shira, K-1 learned their Oneg Shabbat song, "Eretz Zavav Halav Udvash". The lyrics are taken from a biblical text that talks about the natural abundance of Israel (milk and honey). We also celebrated 4th of July by singing the national anthem, followed by the beloved American folk song "This Land is Your Land." It was a fun-filled week with lots of learning and celebration!

Shabbat Shalom,  
Rivi Bahir



## OMANUT (ART)

We had so much fun in Omanut this week! We made American flags to celebrate the Fourth of July. And we made fans to survive the heat!

- Sara Davis



## TEVA (NATURE)

We had a fun week in Teva. The campers learned about different wild mushrooms and plants that are native to the area. They also had a great time looking for fossils.

- True Haynes





# SPECIALTIES

## COOKING

Have you ever heard of Pash-ti-da? It's a delicious Jewish dish similar to a quiche, frittata, or kugel and is very popular in Israel. It's the perfect dish for a weekend brunch or as light dinner with a salad on the side.

This Wednesday, we spent some time chopping, grading, squeezing, seasoning, and mixing fresh ingredients to make this delicious dish. We even learned to make tzatziki, a Greek yogurt dip that goes great with our dish.

Stop at the farm on the way home, buy fresh zucchini and carrots, and make this Pashtida for Shabbat :)

Shabbat Shalom,  
Rivi Bahir

### Zucchini & Carrot PASH-TI-DA

3 zucchini (green or yellow)  
2 carrots  
1 sweet onion  
4-5 tablespoons of olive oil  
3 eggs  
3/4 cup flour  
1 teaspoon baking powder  
2 tablespoons of bread crumbs  
1 tablespoon consomme - optional  
1/2 teaspoon of salt  
1/4 teaspoon black pepper

- Into a large bowl, grate the zucchini and carrots with a grater (on the thicker part). Squeeze out a little of their liquid.
- Grate the onion with grated as well (on the thick part). Don't squeeze the onion, it will give a lot of flavor and moisten the Pashtida.
- Combine the onion, zucchini, and carrot.
- Add the rest of the ingredients and mix well.
- Transfer to a cake pan with greased baking paper.
- Bake in an oven preheated to 350 degrees for 35-45 minutes or until the Pashtida is golden and firm to the touch. It is important not to cut it until it cools to room temperature.

B'te-a-von :)

### TZATZIKI

3 cups Greek yogurt  
3 Cucumbers  
1 Garlic cloves  
3 stalks of fresh dill (chopped)  
1/4 teaspoon Salt

Mix everything and serve





# SAY WHAT??

"YOU'D MAKE A GOOD JOKER BUT YOU'RE NOT EVIL ENOUGH"

• IZZY, 4-5

BRYSON: "WHY IS YOUR HAIR ORANGE?"  
PETER (K-1 COUNSELOR):  
"IT'S BECAUSE I'M GINGER,  
I WAS BORN THIS WAY"  
BRYSON: "OHhh..."

• BRYSON, K-1

TRUE: "THE LEAFS OF THIS PLANT ARE HYDROPHOBIC.  
DOES ANYONE KNOW WHAT THAT MEANS?"

RAYA: "THAT THEY ARE AFRAID OF WATER!"

• RAYA, TEEN CAMP

"I DON'T EAT MUSHROOMS BECAUSE WE DON'T HAVE A MUSHROOM TREE AT HOME"

• MYLES, GAN

"KIDS ARE VERY GOOD AT REMEMBERING.  
ADULTS ARE VERY GOOD AT FORGETTING."

• ADDIE, GAN

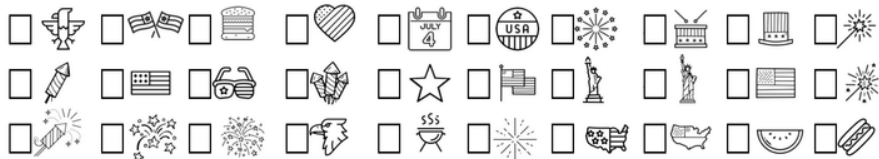
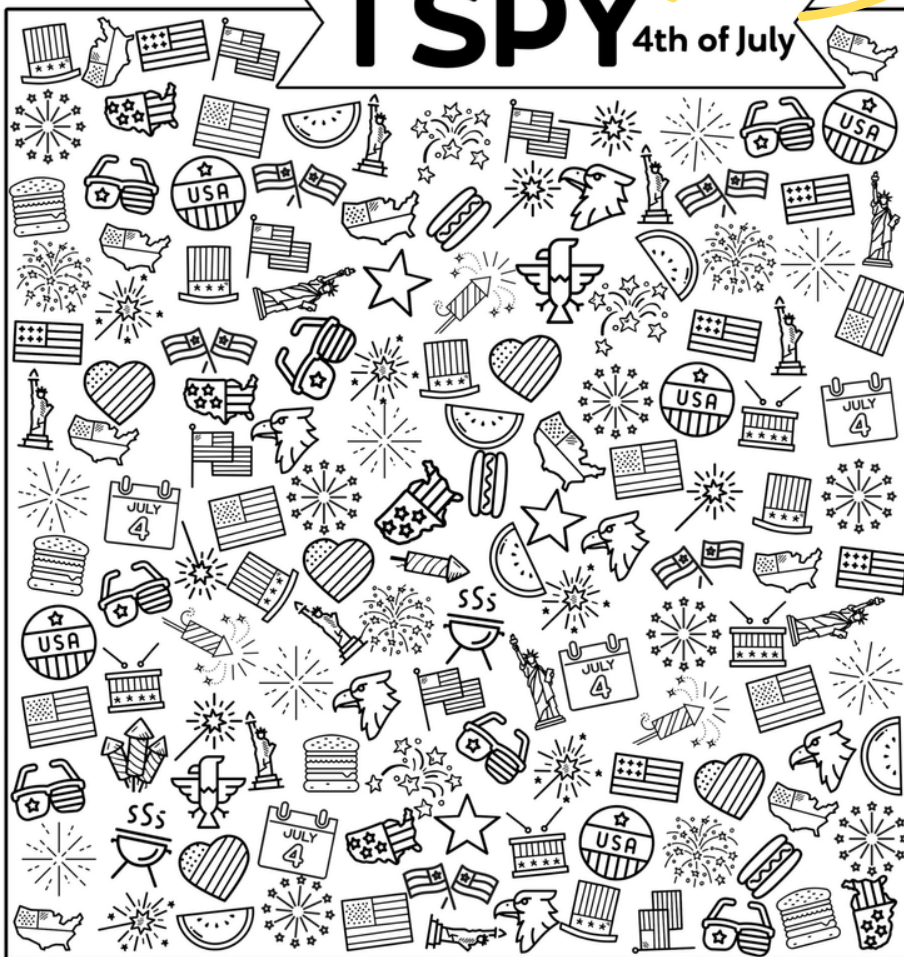
AARON: "MOSES WENT THROUGH THE DESERT FOR 40 YEARS TO . . ."

K/1: "NEW YORK!"

I DON'T KNOW WHERE I LOST MY SHOES,  
THEY JUST VANISHED  
AND CAME TO LIFE...

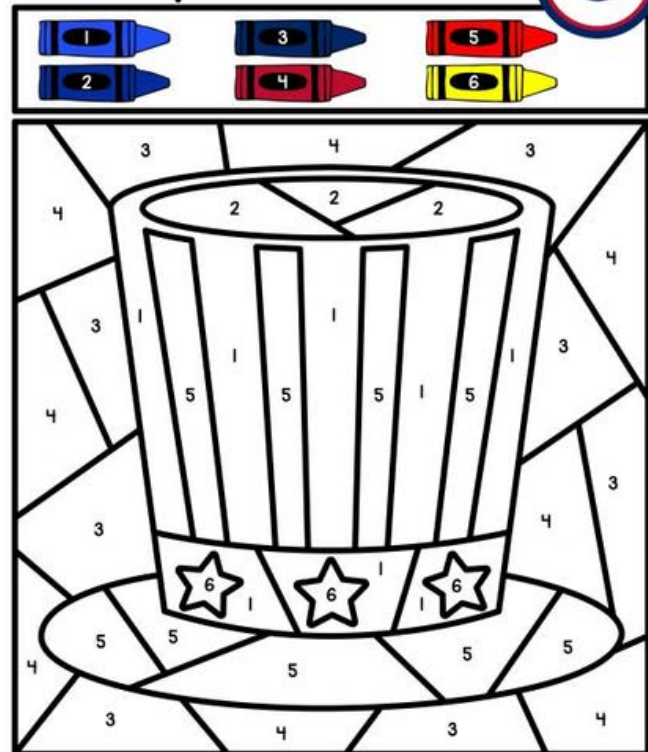
• BIBI, 2-3

## I SPY 4th of July




## 4th of July

Color by Number







## Shalom Shabbat!

Friday, July 14 | 6:00 PM

*ALL are welcome to an especially family-friendly Shabbat experience including dinner and worship. We will welcome our Givah Community and campers will help lead Kabbalat Shabbat!*



RSVP by July 10: [www.tialbany.org](http://www.tialbany.org) or call 518.438.7858

### Pricing:

\$18/Adult  
\$10/Child (4-12)  
\$50/Family Maximum



Dinner provided by TI Take Out, powered by 518 Kosher





*Putting the pieces together!*

**OPEN HOUSE & REGISTRATION  
SEPTEMBER 10TH @ 6PM  
AT TEMPLE ISRAEL**

**600 NEW SCOTLAND AVE, ALBANY, NY 12208**

**COMMUNITY SCHOOL - OPEN TO ALL TEENS, GRADES 8-12**

**[WWW.MIFGASHCOMMUNITY.ORG](http://WWW.MIFGASHCOMMUNITY.ORG)**



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