

The GIVANTON



FRIDAY, JULY 28, 2023 | י' באב 5783



This week's theme is Kehilah, which is all about the power of community. A Khilah is a group of people who share common interests, values, and goals. A Khilah is a community where members share ideas, beliefs, and a common identity. Being part of a Khilah is an enriching and rewarding experience that you won't want to miss. When you're surrounded by people who share similar values and goals, it's easy to feel connected and supported. The spirit of teamwork is strong in a Khilah, and the feeling of togetherness is always present. There are so many things that we can achieve and accomplish together as a community!

Shabbat shalom!

WHAT'S UP?

MONDAY, JULY 31
YOM SUPERHERO
COME DRESSED UP IN YOUR FAVORITE
SUPERHERO COSTUMES TO CAMP!
SHOW OF YOUR POWER AND BE READY
TO 'SAVE THE DAY' :)

WEDNESDAY, AUGUST 2
JUMPIN' JAMIE!
INTERACTIVE SHOW WITH HIGH-
ENERGY THAT WILL BRING LOTS OF
EXCITEMENT TO CAMP!

FRIDAY, AUGUST 4
STAFF ONEG
PARENTS AND ANY OTHER COMMUNITY
MEMBERS ARE INVITED TO JOIN OUR ONEG.
COME AND WATCH YOUR CHILD DANCE AND
SING AS THEY LEAD US IN ONEG SHABBAT.

**SPONSOR A SPECIAL
EVENT AT CAMP GIVAH!**
PROGRAMS, TRIPS, ONEG SHABBAT & MORE..
HELP TO MAKE THIS SUMMER
REMEMBERED FOR EVERY CAMPER.
CHECK OUT THE ATTACHED FLYER
FOR ALL THE DETAILS.

Camp Givah is permitted and inspected twice annually by
Albany County Department of Health. Copies of these
inspections are maintained at Albany County Dept. of
Health 175 Green Street Albany, NY 12201.



Jewish Federation
OF NORTHEASTERN NEW YORK

GROUP ARTICLES

GAN (3-5 YEAR OLDS)

Gan continued to love swim lessons this week. We also had a great time on our hike with Teva. We saw fish swimming in the stream, a waterfall, and a rock wall that was over 100 years old! We ended the week with our bellies full of delicious hand made pita.

-Sarah Matzner & Sarah Trippany



TSEIRIM (GRADE K-1)

K/1 had an awesome week! We had fun in the sun, cooked yummy pita, went boating, made tie dye shirts, and learned about Tisha B'av. We were so excited to try so many new things this week and can't wait to see what next week brings!

Sasha Roter, Peter Sandomire
& Dani Mikhaylova



NITZANIM (GRADE 2-3)

This week was rainy but we made the best of it. We drew our self portraits in Omanut depicting both our Jewish identity and our regular ones. After the sun finally came out we tie dyed our Givah shirts and made pita's from scratch with Rivi with lots of honey and spices. We even made one for the Givah monster hehe.

Hannah Greenblatt,
Ilana Carp, Ren Flint,
& Jacob Mosden



GROUP ARTICLES

NA'ARIM (GRADE 4-5)

This week we had lots of fun activities. We did tie dye with our camp shirts, cooked delicious Pita with Rivi, and got to enjoy some great weather.

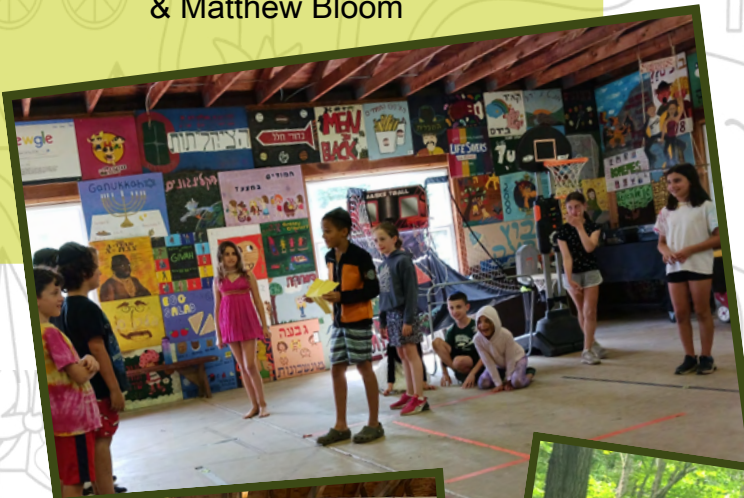
On Thursday we held a service for Tisha B'Av, which was nice to experience with the whole camp. Then on Friday we got to get back out on the lake for some boating. Another great week in the books.

Ben Chick, Lauren Roter
& Matthew Bloom

TEEN CAMP (GRADE 6-10)

This week at Givah the teens are hosting Oneg. They have been preparing all week by learning from the Torah, singing songs, and dancing. The teens have also played Gaga, walked through nature, and tie-dyed shirts (also their hands!). Fun has been had by all in our 5th week at Givah.

-Scott Ethington, Dari Chestnut,
Sam Riccardi & Mili Spada

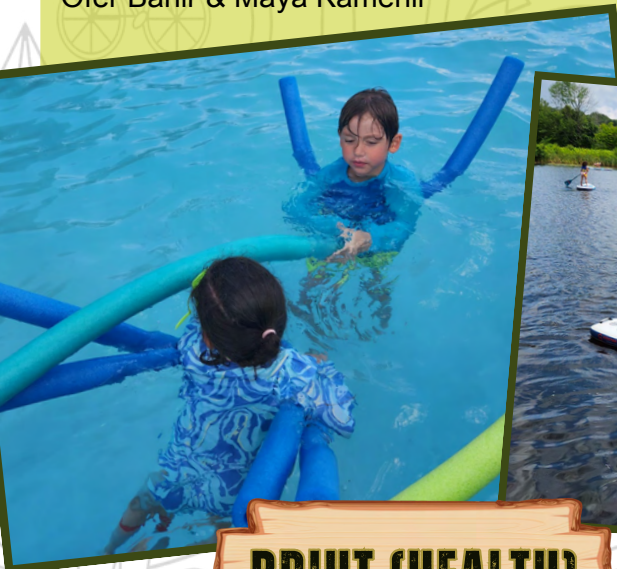


SPECIALTIES

BREICHA (POOL)

Everyone had a great time playing in the pool this week. We had great weather, and the water was very refreshing, especially on the hot days. Boating was also a highlight, and paddle boarding was awesome. Overall, it was a great week filled with fun.

- Caitlin Overholt, Levi Kovach,
Ofar Bahir & Maya Kamenir



BRIUT (HEALTH)

It was great to see sunny days this week, which has increased our energy and our physical activity. The water feels warmer, the hikes more enjoyable, and overall everyone is just happier with sun.

- Caitlin Overholt



SPORT

We had a fun week in sports. We played a bunch of different games, including kickball, basketball, soccer, ultimate frisbee and tennis. The campers displayed great sportsmanship and teamwork.

-True Haynes



RIKUD (DANCE)

We continued to line dance and learn some fun games. Teen Camp did an excellent job while learning their Oneg dance. The name of the song is "אין אני" (Ein Ani)," which is a famous Israeli song. Yaeli Bahir and Hali Schwalb did the choreography.

- Hali Schwalb & Yaeli Bahir



SPECIALTIES

LIMUD (STUDIES)

This week in Limud we learned about the destruction of the first temple, Tishah B'Av customs, and as always, lessons from the Torah. Teen Camp did a great job with their Oneg!

- Aaron Davis



SHIRA (SONG)

Everyone sang so beautifully and is always very enthusiastic to learn new songs! Teen Camp was super excited for their Oneg and did an amazing job learning their song "Sissu Et Yerushalayim"! Looking forward to another incredible week!

Shabbat Shalom,
Rivi Bahir



OMANUT (ART)

This week we had so much fun in Omanut! We all tie dyed our camp shirts! We also did some reflective projects for Tish B'av about our identities.

- Sara Davis



TEVA (NATURE)

This week in teva we had an awesome week. We took hikes to the two waterfalls in the woods. The teencamp did a great job during their survivor trip.

- True Haynes



SPECIALTIES

COOKING

This week we had a fantastic time learning how to make pita! It was so awesome to get hands-on, learn about the ingredients, the process of making the dough and shaped the pita ourselves! Afterward, we moved on to the second station, which was an open-fire natural stove called a Taboon. Stryker led us through the process of cooking the pita on a pan over the fire, which was super cool to see. Once the pita was ready, we headed to the third station to choose our toppings, za'atar & olive oil, and honey and butter. The whole experience was exciting, and being out in nature made it even more special. The Middle Eastern pita flavor was delicious!

4 cups of flour
1 tablespoon of sugar
1 tablespoon dry yeast
1 1/4 cups water
1 cup of yogurt
2 tablespoons of olive oil
1 teaspoon of salt

Preparation:

Put all the ingredients in the mixer bowl and put on low speed until the dough starts to form. Increase the speed and knead for 7 minutes.

Transfer the dough to a lightly greased bowl and let the dough rest and rise for 15-20 minutes.

Divide the dough into 8 and form each into a ball.

Flatten each of the balls by hand or with a rolling pin into a 1 cm thick pita.

Heat a teflon or other non-stick pan and when it's hot, place the first pita and when you starts to see a bubble created, it's time to turn to the other side. for another 2-3 minutes.

Transfer to a plate. Cover with a towel. Note that each side should be slightly golden brown.

Continue with the rest of the bolis. Serve with za'atar and olive oil, honey with a little butter, hummus or ant toping you like.

B'te-a-von,
Rivi Bahir



SAY WHAT??

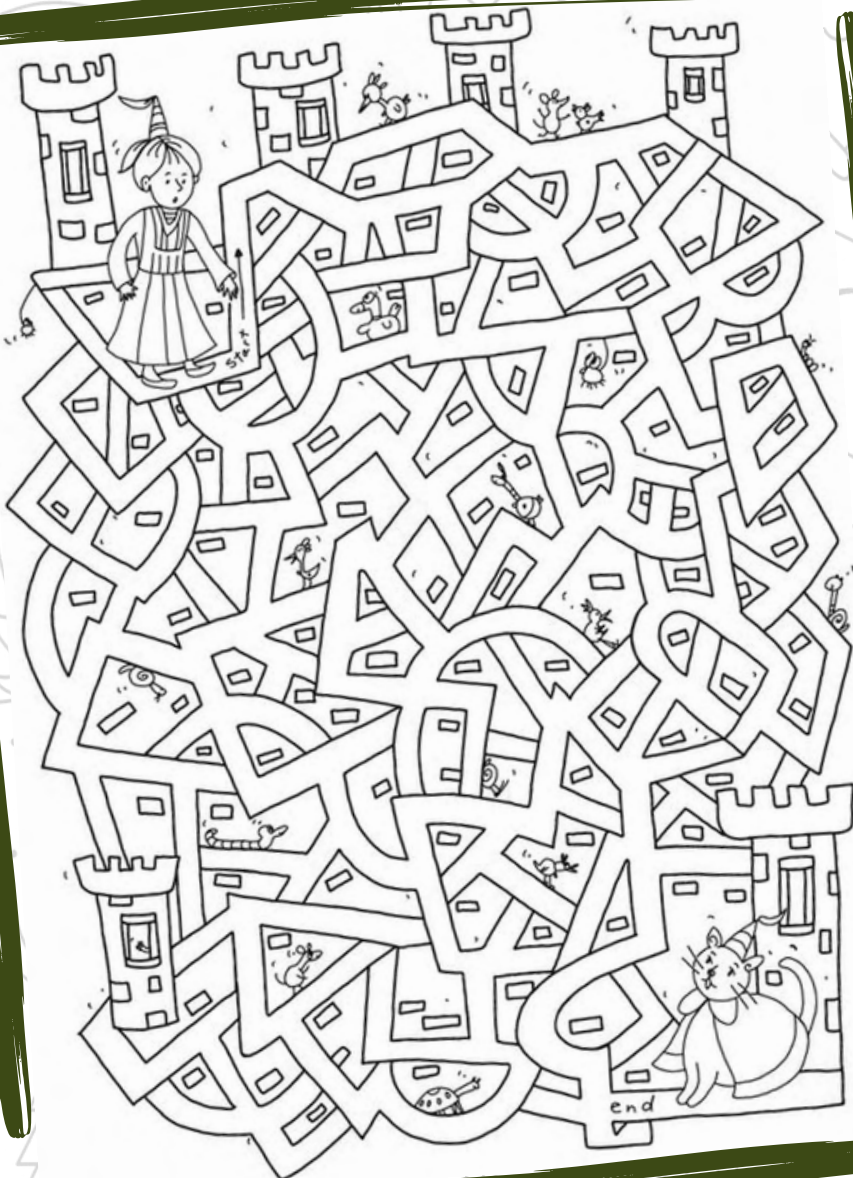
- "WANT TO TEAMWORK?"

- "YEAH LET'S TEAMWORK"

• AMI AND LIORA, GAN

"I'M REALLY STRONG.
I CAN LIFT UP TO 8LBS"

• RILEY,



What's Different?

Nine things in the lower picture are missing or different from the upper picture.
Can you find all nine?





Putting the pieces together!

**OPEN HOUSE & REGISTRATION
SEPTEMBER 10TH @ 6PM
AT TEMPLE ISRAEL**

600 NEW SCOTLAND AVE, ALBANY, NY 12208

COMMUNITY SCHOOL - OPEN TO ALL TEENS, GRADES 8-12

WWW.MIFGASHCOMMUNITY.ORG

Supported by



Jewish Federation
of Northeastern New York



Sponsor a Special Event at Camp Givah!

SPONSORSHIP OPPORTUNITIES ARE NOW AVAILABLE!

SPONSORSHIP CATEGORIES:

Givahnik Sponsor	\$360
Boating Sponsor	\$180
Picnic Sponsor	\$72
Smore's Sponsor	\$36
Sunscreen Sponsor	\$18

Sponsorship opportunities are also available
for Programs, Trips, Onegs and More!

For information or to sponsor Camp Givah:
<https://www.tialbany.org/form/Givahsponsors>



**Help to Make this a Summer to Remember for
Every Camper!**

www.campgivah.org